



# Enfin... un studio de yoga à Crans Montana!

LUNDI <i>Monday</i>	MARDI <i>Tuesday</i>	MERCREDI <i>Wednesday</i>	JEUDI <i>Thursday</i>	VENDREDI <i>Friday</i>	SAMEDI <i>Saturday</i>	DIMANCHE <i>Sunday</i>
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Pré-ouverture du 22.9 au 7.10  
La saison d'hiver commencera dès le 10.11.2018

Pre-opening from September 22nd to October 7th  
Winter season opening on November 10th 2018

24 Sept.	25 Sept.	26 Sept.	27 Sept.	28 Sept.	29 Sept.	30 Sept.
			7.30 - 8.15 <i>Vinyasa</i>		8.00 - 9.15 <i>Vinyasa</i>	
10.00 - 11.15 <i>Vinyasa</i>		10.00 - 11.15 <i>Vinyasa</i>				
	12.15 - 13.30 <i>Vinyasa lunch Flow</i>			12.15 - 13.30 <i>Vinyasa lunch Flow</i>		
16.00 - 17.15 <i>Slow yoga</i>	17.00 - 18.15 <i>Vinyasa</i>					16.00 - 17.15 <i>Vinyasa</i>
	18.30 - 19.45 <i>Tai Chi</i>		18.30 - 19.45 <i>Slow yoga</i>	18.30 - 19.45 <i>Slow yoga</i>		
1 Oct.	2 Oct.	3 Oct.	4 Oct.	5 Oct.	6 Oct.	7 Oct.
10.00 - 11.15 <i>Vinyasa</i>		10.00 - 11.15 <i>Vinyasa</i>	9.00 - 10.15 <i>Tai Chi</i>		10.30 - 11.45 <i>Vinyasa</i>	8.00 - 9.15 <i>Vinyasa</i>
	12.15 - 13.30 <i>Vinyasa lunch Flow</i>			12.15 - 13.30 <i>Vinyasa lunch Flow</i>		
16.00 - 17.15 <i>Slow yoga</i>					16.00 - 17.15 <i>Hatha Yoga for beginners</i>	
	18.30 - 19.45 <i>Tai Chi</i>			18.30 - 19.45 <i>Slow yoga</i>		



Route du Rawyl 31 - Crans Montana  
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[www.yogachic.ch](http://www.yogachic.ch)

**Pre-opening  
Special Pass**

1 class	<del>35</del>	30
5 classes	<del>170</del>	140
10 classes	<del>280</del>	200

Validity 4 months